

Test: 2026 Rating Exam

Points: 100 points

Name: _____

Score: _____

Date: _____

Signature: _____

Select multiple choice answers with a cross or tick:

☐ Only select one answer

☐ Can select multiple answers

Question 1 of 50

Rule 8

2 pts

00:00

00:17

Team A scores on the last timed down of the second half. During the play, B4 is flagged for roughing the passer. Team A can elect to enforce the foul on the try or at the succeeding spot. If the succeeding spot is chosen, the foul cannot be carried into the overtime period.

☐ **A)** True

☐ **B)** False

Question 2 of 50

Rule 6 2 pts

00:00

00:15

4th and 12 from K's 30. K22 shanks the punt and K5 catches the punt at his 28 yard line and carries it to the 50 where he is tackled. K will next snap the ball first and 10 from the 50 and the clock will start on the ready.

-
- ☐ A) True
- ☐ B) False

Question 3 of 50

Rule 6 2 pts

00:00

00:04

First touching is ignored if Team R or Team K commits a foul during the down.

-
- ☐ A) True
- ☐ B) False

Question 4 of 50

Rule 7 2 pts

00:00

00:03

Team A player number 51 cannot legally catch a pass.

-
- ☐ A) True
- ☐ B) False

Question 5 of 50

Rule 2 2 pts

00:00

00:12

A5 is a potential passer. He is contacted by B4 as his arm is coming forward. The ball is released to the ground and is recovered by B6.

Ruling: Incomplete Pass.

-
- ☐ A) True
- ☐ B) False

Question 6 of 50

Rule 7 2 pts

00:00

00:09

A5 is attempting to catch a forward pass. B8 is face guarding A5 and prevents him from catching the pass.

Ruling: Legal.

-
- ☐ A) True
- ☐ B) False

Question 7 of 50

Rule 2 2 pts

00:00

00:05

The neutral zone is 10 yards for any kick and as wide as the football on any scrimmage down.

-
- ☐ A) True
- ☐ B) False

Question 8 of 50

Rule 10

2 pts

00:00

00:29

4th and 6 from Team A's 40. A1 fakes the scrimmage kick and runs the ball to the 50 yard line. During the run, A5 holds B4 at A's 38 yard line. After the run ends, B2 shoves an opponent in the chest.

Ruling: Holding is enforced from the previous spot. The Personal Foul is then enforced to A's 45 yard line. Team A will next snap the ball at its 45 yard line, 4th and 1.

-
- ☐ A) True
- ☐ B) False

Question 9 of 50

Rule 9

2 pts

00:00

00:23

3rd and 5 from A's 30 yard line. A5 carries the ball to his 33 yard line where he is hit by B6. During the tackle, B6 loses his helmet. B6 continues to tackle A5 and takes him to the ground at A's 34.

Ruling: Illegal Participation on B6, 15 yard penalty enforced from the end of the run.

-
- ☐ A) True
- ☐ B) False

Question 10 of 50

Rule 9

2 pts

00:00

00:09

K is lined up for a free kick. At the time of the kick, there are four players on one side of the kicker and seven players on the other side of the kicker.

Ruling: Legal.

-
- ☐ A) True
- ☐ B) False

Question 11 of 50

Fundamentals

2 pts

00:00

00:03

The ball is not dead until a game official sounds their whistle.

-
- ☐ A) True
- ☐ B) False

Question 12 of 50

Rule 7

2 pts

00:00

00:19

At the snap, A80 is covered up by A5. Downfield, B7 knocks down A80 preventing him catching a legal forward pass.

Ruling: Team A is guilty of ineligible downfield and Team B guilty of pass interference. The fouls offset and the down will be replayed.

-
- ☐ A) TRUE
- ☐ B) FALSE

Question 13 of 50

Fundamentals

2 pts

00:00

00:03

A loose ball is not considered to be in team possession.

-
- ☐ A) TRUE
- ☐ B) FALSE

Question 14 of 50

Rule 8

2 pts

00:00

00:21

B4 intercepts A's pass at Team B's 6 yard line, and his momentum carries him into the end zone. While in the end zone, B4 fumbles the ball forward out of bounds at the 4 yard line.

Ruling: Momentum rule exception applies to the forward fumble out of bounds. B will have it 1st and 10 from their own 6.

-
- ☐ A) TRUE
- ☐ B) FALSE

Question 15 of 50

Fundamentals

2 pts

00:00

00:04

Possession of a live ball in the end zone is always a touchdown.

-
- ☐ A) TRUE
- ☐ B) FALSE

Question 16 of 50

Rule 3

2 pts

00:00

00:04

Immediately after a touchdown, the play clock should start at 40 seconds.

-
- ☐ A) TRUE
- ☐ B) FALSE

Question 17 of 50

Rule 8

2 pts

00:00

00:16

After a score, A elects to attempt a 2 point try. During the run, A4 fumbles the ball forward and the ball stops at the 2 yard line. B5 then muffs the ball into the end zone and B1 recovers it there.

Ruling: Team A is awarded 1 point.

-
- ☐ A) True
- ☐ B) False

Question 18 of 50

Rule 9

2 pts

00:00

00:05

A teammate grabs and pulls the runner into the end zone.

Ruling: Touchdown.

-
- ☐ A) TRUE
- ☐ B) FALSE

Question 19 of 50

Rule 9

2 pts

00:00

00:07

The runner grabs the jersey back of a blocker before running past him downfield.

Ruling: Illegal use of hands.

-
- ☐ A) TRUE
- ☐ B) FALSE

Question 20 of 50

Rule 9

2 pts

00:00

00:06

Neither K nor R may block during a free kick until the ball has traveled a minimum of 10 yards.

-
- ☐ A) TRUE
- ☐ B) FALSE

Question 21 of 50

Rule 5

2 pts

00:00

00:09

Post scrimmage kick penalty enforcement allows Team R to commit a foul prior to having possession and still be awarded a new series at the end of the down.

-
- ☐ A) TRUE
- ☐ B) FALSE

Question 22 of 50

Rule 5

2 pts

00:00

00:12

3rd and 5 from the 50, the runner runs for 10 yards. After the play, the runner spikes the ball.

Ruling: Following enforcement, it will be 4th and 10 from Team A's 45.

-
- ☐ A) TRUE
- ☐ B) FALSE

Question 23 of 50

Rule 5 2 pts

00:00

00:21

With 40 seconds remaining in the half and no timeouts, Team A gains a first down to B's 30. Team A hurries to the line of scrimmage, lines up, and snaps the ball prior to the box being set and while the umpire is still standing over the ball.

Ruling: Delay of game, 5-yard penalty, Team A will have 1st and 10 from B's 35.

-
- ☐ A) TRUE
- ☐ B) FALSE

Question 24 of 50

Mechanics 2 pts

00:00

00:08

R1 muffs a free kick in flight at R's 10. The covering official should wind the game clock and drop a bean bag.

-
- ☐ A) TRUE
- ☐ B) FALSE

Question 25 of 50

Rule 10 2 pts

00:00

00:05

All dead ball fouls are enforced in the order which they occur and from the spot of the foul.

-
- ☐ A) TRUE
- ☐ B) FALSE

Question 26 of 50

Rule 10

2 pts

00:00

00:12

All of the following are loss of down fouls:

- Illegal forward handing
- Illegal forward pass
- Illegal touching of a forward pass by an ineligible
- Illegal kicking

☐ A) TRUE☐ B) FALSE**Question 27 of 50**

Mechanics

2 pts

00:00

00:07

In standard free kick formation, the Umpire, Back Judge, and Linesman should anticipate an onside kick.

☐ A) TRUE☐ B) FALSE**Question 28 of 50**

Mechanics

2 pts

00:00

00:17

K punts from K's 30 yard line. The ball lands at K's 32 and bounces untouched backwards. K5 recovers the kick at K's 28. Primary responsibility for knowing if the ball is live or dead following K's recovery belongs to the Linesman.

☐ A) TRUE☐ B) FALSE

Question 29 of 50

Rule 1 2 pts

00:00

00:08

Upon entering the field 30 minutes prior to the scheduled game time, the crew of officials has the authority to penalize players for unsportsmanlike activities.

-
- ☐ A) TRUE
- ☐ B) FALSE

Question 30 of 50

Rule 3 2 pts

00:00

00:13

Team A has 11 players in the huddle when A12 enters the huddle. After two seconds have elapsed, the huddle breaks and A5 begins jogging to his sideline.

Ruling: Foul for illegal substitution.

-
- ☐ A) TRUE
- ☐ B) FALSE

Question 31 of 50

Rule 7 2 pts

00:00

00:08

After the ball is ready for play, the snapper lifts and advances the ball forward upon placing their hand(s) on the ball.

Ruling: Legal.

-
- ☐ A) TRUE
- ☐ B) FALSE

Question 32 of 50

Rule 7 2 pts

00:00

00:05

Team A cannot be guilty of a false start until the snapper places their hand(s) on the ball.

- ☐ A) TRUE
- ☐ B) FALSE

Question 33 of 50

Rule 7 2 pts

00:00

00:11

2nd and 10. End A80 has his hand on the ground. A1 changes the play and A80 slowly rises and shifts into a new position.

Ruling: Legal.

- ☐ A) TRUE
- ☐ B) FALSE

Question 34 of 50

Rule 2 2 pts

00:00

00:21

3rd and Goal from B's 1 yard line. At the snap an interior lineman, A65, blocks B97 one yard into the end zone. When a legal forward pass is released, A65 is one yard in the end zone. The pass is caught in the back of the end zone for a touchdown.

Ruling: No foul.

- ☐ A) TRUE
- ☐ B) FALSE

Question 35 of 50

Rule 1

2 pts

00:00

00:06

Team A's coaches use electronic fixed signage to signal in plays. This is legal by rule.

-
- ☐ A) TRUE
- ☐ B) FALSE

Question 36 of 50

Rule 1

2 pts

00:00

00:06

Any player numbered 00 - 99 may legally be on the line of scrimmage during a down.

-
- ☐ A) TRUE
- ☐ B) FALSE

Question 37 of 50

Rule 1

2 pts

00:00

00:07

After a fight in the 4th quarter, one team only has 10 players left.

Ruling: The team must forfeit.

-
- ☐ A) TRUE
- ☐ B) FALSE

Question 38 of 50

Rule 1 2 pts

00:00

00:13

The Head Coach requests a Coach-Referee conference to discuss a play. He wants to show the Referee an iPad video clip.

Ruling: The Referee is authorized in South Carolina to review the video clip to aid with the ruling.

-
- ☐ A) TRUE
- ☐ B) FALSE

Question 39 of 50

Rule 9 2 pts

00:00

00:25

During a scrimmage play from the 50, B44 loses his helmet. He runs down the field twenty yards in an attempt to chase the runner. B6 makes the tackle at the 30 yard line. B44's helmet is laying on the ground at the 50 where the play started and B44 is at the 30 where the play ended.

Ruling: It is only a foul for illegal participation if the crew can determine when and how the helmet came off during the down.

-
- ☐ A) True
- ☐ B) False

Question 40 of 50

Overtime 2 pts

00:00

00:08

The winner of the overtime coin toss should be given the option to defer, go on offense or defense, or determine what end of the field to play the period.

-
- ☐ A) TRUE
- ☐ B) FALSE

Question 41 of 50

Rule 2 2 pts

00:00

00:11

When using the open hand blocking technique, the hands should be inside the frame of the opponent's body even when the opponent turns his back to the blocker during the block or after the blocker is committed to his charge.

- ☐ A) TRUE
- ☐ B) FALSE

Question 42 of 50

Rule 2 2 pts

00:00

00:06

Blocking below the waist restrictions only apply when the opponent has one or both feet on the ground.

- ☐ A) TRUE
- ☐ B) FALSE

Question 43 of 50

Rule 7 2 pts

00:00

00:10

In the following scrimmage kick formation, K81 can legally shift off the line of scrimmage after the center puts his hands on the ball and be eligible to catch a legal forward pass.

8 81 56 57 52 50 63 12

14

4

18

- ☐ A) True
- ☐ B) False

Question 44 of 50

Rule 9 2 pts

00:00

00:25

4th down and 3. Team A has possession at B's 20. After the snap, A1 takes the football and runs off tackle. B4 hits A1 at B's 22 yard line, where A22, A13, and A50 all get behind runner A1 and push him forward. The run and pile ends at B's 15.

Ruling: Helping the runner penalty, five yards from the spot of the foul (B's 22).

-
- ☐ A) True
- ☐ B) False

Question 45 of 50

Rule 7 2 pts

00:00

00:19

On 3rd and 4 from the 50, A1 is located directly behind the snapper. The ball is snapped and A1 muffs the snap. A3 picks up the ball, runs outside of the free blocking zone and throws the ball out of bounds at A's 48.

Ruling: Legal, A's ball 4th and 4 from the 50.

-
- ☐ A) True
- ☐ B) False

Question 46 of 50

Rule 2 2 pts

00:00

00:02

The following is a legal scrimmage formation.

18 0 52 61 60 55 44 53

4 12 8

-
- ☐ A) True
- ☐ B) False

Question 47 of 50

Rule 2

2 pts

00:00

00:10

All of the following are considered illegal helmet contact:

- Butt Blocking
- Spearing
- Targeting
- Illegal Hands to the Face
- Face Tackling

☐ A) True☐ B) False**Question 48 of 50**

Rule 4

2 pts

00:00

00:19

3rd and 3 from A's 39. During the run, A4 fumbles the ball at his 41. The ball goes backwards where it is then muffed by B4 at A's 40. The ball then ends up out of bounds at A's 43 yard line.

Ruling: Team A will have possession of the ball, 4th and 1 from their 41 yard line.

☐ A) True☐ B) False**Question 49 of 50**

Fundamentals

2 pts

00:00

00:03

The distance penalty for any foul can be declined.

☐ A) True☐ B) False

Question 50 of 50

Rule 4

2 pts

00:00

00:28

Team A's ball at the 50, 1st and 10. A12 throws a pass from his 49 yard line to A4 who is at his own 47 yard line. A4 muffs the pass. While the ball is on the ground, B4, B3 and A1 attempt to secure possession. The ball is never possessed and ends up out of bounds at B's 49.

Ruling: Team A will snap the ball next at B's 49, 2nd and 9.

-
- ☐ **A)** True
- ☐ **B)** False